**4-6th Grade WILDKAT Volleyball Practice**

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|  It is time to start 4-6th grade volleyball practice☺ I know that the key to a successful program starts right here at the 4-6th grade level. Learning the basic skills are essential and the sooner you learn them, the better. 4-6th grade volleyball will focus on the basic skills of passing, serving, hitting, setting, and defense, as well as the rules and structure of the game. Practice is not mandatory, but the more practices you attend, the better off you will be. This is a tentative practice schedule. Transportation will be your responsibility to White Lake and Kimball, so hopefully we can get some parents to carpool to practices. I will have some room, but can’t take everyone. Regular PE clothes and tennis shoes are fine. Don't feel as if you have to buy volleyball knee pads. However, if this is a sport you are planning on being involved with at the 7-12 grade level, then you might want to think about investing in a pair. I will be looking for a tournament that our girls could participate in. If you have any questions, please feel free to call me at 778-6378 or at the school at 778-6231. You may also send me an email with any questions or concerns you may have. sarah.deffenbaugh@k12.sd.us. Thank You! Coach Deffenbaugh Practice Schedule (This is subject to change!!!! All changes will be posted on the volleyball website and in the school announcements.)Monday, March 12 - 3:45-5:00 – KimballTuesday, March 13 - 3:45-5:00 – KimballWednesday, March 14 – 3:45-5:00 – KimballTuesday, March 20 – 3:45-5:00 - White LakeWednesday, March 21 – 3:45-5:00 – White LakeTuesday, March 27 – 3:45-5:00 – KimballWednesday, March 28 – 3:45-5:00 – KimballMonday, March 31 – 3:45-5:00 – KimballTuesday, April 3 – 3:45-5:00 – White LakeWednesday, April 4 – 3:45-5:00 – White LakeWednesday, April 11 – 3:45-5:00 – KimballFriday, April 13 – 3:45-5:00 – White LakeMonday, April 16 – 3:45-5:00 – KimballTuesday, April 17 – 3:45-5:00 - KimballMonday, April 23 – 3:45-5:00- White LakeTuesday, April 24 – 3:45-5:00 – White Lake |
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Please go to the Wildkat Volleyball website for this schedule and any information related to volleyball and summer camp opportunities.
<https://mrsdeffenbaughspage.shutterfly.com/kimballvolleyball>